

MAINS

Homemade Soup - £45

Mixed veg, asparagus & lentil, cauliflower and broccoli, spicy mushroom.

Whole Rotisserie Chicken - £16.50

Brined overnight then seasoned with our secret recipe of herbs and spices.

Rotisserie Rib-eye Steak - £65 per kilo

Juicy rib-eye steaks seasoned with our secret recipe of herbs and spices. (Kosher - 82.50per kg)

Nu Nosh Salt Beef - £58 per kilo **NEW*

Our Nu Nosh salt beef is cured in our homemade brine to ensure the perfect texture, and cooked to perfection. Served with cornichons, sauerkraut, rye bread, this dish creates the perfect meal for any occasion.

Lamb Chops - SQ

Salmon Teriyaki Pieces - SQ

BBQ Chicken Pieces - £28 per kg

Vegetarian Health balls 20pcs - £35 **NEW*

Falafel Ball Platter 20pcs - £35

Homemade Chicken Escalope Platter 20pcs - £80

Homemade Chicken Goujon Platter 20pcs - £55

Homemade Fish Goujon Platter 20pcs - £60

**Kosher Rotisserie Chicken, Ribeye & Lamb Chops
available upon request**

Sides (serves 10)

Homemade Hummus, Tahina & Pita Bread - £30

Fries - £35

Sweet Potato Fries - £40

Asian Noodles - £40

Grilled Vegetable Platter - £35

Roast Baby Potatoes - £35

Homemade Onion Rings - £40

Full Baby Cauliflower w/ Tahina- £9.50

Baked Aubergines - £50

Topped with mozzarella, tomato & basil .

Nu Nosh Signature Salads

Small/Med/Large

Chopped Israeli Salad - £50/£65/£80

Tomato, cucumber, peppers, onion, parsley, olives, mixed seeds and avocado, drizzled with a balsamic glaze and served with our homemade House Dressing.

Chinese Cabbage Salad - £50/£65/£80

Mixed cabbage, spring onion, toasted noodles, flaked almonds with a Chinese Dressing.

Chinese Chicken Salad - £60/£75/£85

Grilled chicken breast, lettuce, carrots, tomato, cucumber, and avocado, sprinkled with roasted almond flakes and topped with crispy Chinese rice noodles and our famous homemade Peanut Dressing.

Chicken Salsa Salad - £60/£75/£85

Grilled chicken salsa on a bed of lettuce, tomato, cucumber, avocado, parsley, fresh chili and Tabasco. Topped with sesame seeds and homemade House Dressing.

Mediterranean Vegetable & Quinoa Salad - £50/£65/£80

Grilled vegetables mixed with quinoa, artichoke, mozzarella, mushroom, avocado, butternut, cherry tomatoes, gem lettuce, sun-dried tomatoes and olives. Served with our homemade Vinaigrette Dressing.

Niçoise Salad - £50/£65/£80

Tuna, mixed leaves, lettuce, egg, olives, cherry tomatoes, onion, anchovies, asparagus, avocado and cucumber. Served with our homemade House Dressing.

Asparagus & Feta Salad - £50/£65/£80

Grilled asparagus, feta, iceberg lettuce, rocket, sun-dried tomatoes, aubergine, pomegranate and pumpkin seeds. Served with our homemade House Dressing.

Roasted Butternut & Couscous Salad - £50/£65/£80

Roasted butternut, toasted peanuts, toasted sunflower seeds, feta, sweetcorn olives, carrots, grilled red onion and basil oil. Served on a bed of couscous and rocket. Served with our homemade House Dressing.

Kosher Chicken is used in all our salads.

**Please talk to one of our team to advise you on quantity and sizes that best suits your needs.
All salads will be served with a home-made dressing and are made fresh to order
so you can add or leave out any ingredient.**

Nu Nosh Signature Salads

Small/Med/Large

Halloumi Salad - £55/£70/£85

Halloumi, lettuce, mixed leaves, cherry tomatoes, cucumber, red onion, peppers, carrots, sesame seeds and olives. Served with our homemade House Dressing.

Trico Lore Salad - £55/£70/£85

Mozzarella balls, cherry tomatoes, avocado, basil in a balsamic and lemon dressing.

Asian Noodle Salad - £50/£65/£80

Rice Noodles, Onions, Peppers, Carrots, served with a Spicy Asian Dressing.

Avocado & Mushroom Salad - £50/£65/£75

Mushrooms, avocado on a bed of lettuce dressed with our special flavor.

Spinach, Mushroom & Poppy Seed Salad - £50/£65/£75

Mushrooms, egg, spinach, cos lettuce, toasted pine unsalted almonds, avocado.
Served with our special Poppy Seed Dressing

Bok Choy Salad - £50/£65/£75

Bok choy, pumpkin seeds, dried cranberries and nibbed almonds.

Smoked or Grilled Salmon Salad - £65/£80/£90

Salmon ribbons, asparagus, avocado, lettuce, cucumber, grated egg served with a Tomato Dressing.

Table Mountain Health Salad - £50/£65/£80

Mung beans, alfalfa, avocado, cucumber, lettuce, carrots, sprouts and cherry tomato. Served with our famous homemade Peanut Dressing.

Caesar Salad - £45/£60/£70

Cous lettuce, croutons, Parmesan cheese, tossed in our Caesar Dressing.

Add: Tuna, Salmon, Chicken

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Nu Nosh *New Edition* Salads

Small/Med/Large

Original Waldorf Salad - £50/£65/£80

Sweet apples, grapes, celery and toasted walnuts on a bed of lettuce served in a lemon zest mayonnaise dressing.

Tabbouleh Salad - £45/£60/£70

Finely diced onions, tomatoes, parsley, and fresh mint tossed with bulgur wheat and seasoned with our fresh olive oil and lemon dressing.

Classic Potato Salad - £45/£60/£70

Baby potatoes, mixed together with our homemade mayonnaise dressing, complete with spring onion and fresh parsley to make your perfect salad!

Kosher Chicken is used in all our salads.

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Nu Nosh Sandwiches

(20 pcs)

Assorted Open Mini Rolls - £55
Egg mayo, tuna mayo and salmon cream cheese.

Grilled Vegetable and Halloumi Cheese and Fresh Pesto - £60

Mozzarella Cheese with Fresh Tomato and Balsamic Glaze - £60

Hummus and Chickpea with Grilled Vegetables - £55

Mini Beef Burgers (kosher) - £70

Mini Grilled Chicken Burgers (kosher) - £70

Chicken Escalope Burgers - £70

Rotisserie Chicken Mini Rolls - £70

Mini Falafel in Pita - £65

All our Sandwiches use Kosher Chicken and Beef.

Please talk to one of our team to advise you on quantity and sizes that best suits your needs, all salads will be served with a home-made dressing and are made fresh to order so you can add or leave out any ingredient.

Canapés

- ❖ **: UUZ`6 U`Boats**
- ❖ **Hummus, Tahina & Crudites**
- ❖ **Sticky Asian Cocktail Sausages**
- ❖ **Sticky Asian Chicken Bites**
- ❖ **Asian Chicken/Salmon Noodle Boats**
- ❖ **Grilled Salmon Teriyaki Boat**
- ❖ **Fish Goujons with Tarter Sauce**
- ❖ **Chicken Goujons**
- ❖ **Chicken Satay Skewers**
- ❖ **Cauliflower Florets w/ Sweet Chili**
- ❖ **Grilled / BBQ Chicken Pieces**
- ❖ **Assorted Mini Salads**
- ❖ **Fruit Sticks / Fruit Platter**

Let us know the details of your event and we will quote accordingly.

The logo for 'KIDS Menu' features the word 'KIDS' in green and 'Menu' in red, yellow, and blue. To the right of the text are three cartoon children: a boy with a fork, a girl with a spoon, and a boy with a knife.

- ❖ **Chicken Goujons**
- ❖ **Fish Goujons**
- ❖ **Hot Dogs**
- ❖ **Pasta Napoletana w/ Grated Cheese**
- ❖ **Plain Pasta Trays w/ Grated Cheese**
- ❖ **Assorted Kids Sandwiches**
 - **Egg Mayo**
 - **Tuna Mayo**
 - **Smoked Salmon / Cream cheese & Cucumber**
 - **Nutella**
- ❖ **Fries**
- ❖ **Fruit Bowls**
- ❖ **Apple Juice**
- ❖ **Mini waters**
- ❖ **Ketchup**

All of our Goujons and Hot Dog's are Kosher

Let us know the details of your event and we will quote accordingly.

Desserts

❖ **Cheese Board - SQ *NEW**

Assorted cheese selection perfectly arranged with fresh figs, mango chutney, olives and an assortment of nuts for the perfect end to any meal.

❖ **Mini Desserts - £4.25**

- Banoffee Pie, Trifle, Chocolate Mouse, Halva, & Eton Mess

❖ **Milk, White & Dark Chocolate Dipped Strawberries (P/GF) - £2.85**

❖ **Fresh Platter / Fruit sticks - £3.50 per head**

❖ **Main Dessert Dishes (serves 8-10 pple) - £50**

- Sticky Toffee Pudding
- Pavlova With Whipped Cream & Berries
- Chocolate Mousse
- Baked Cheesecake
- White Chocolate Cheesecake
- Mars Bar Cheesecake
- Banoffee Pie
- Apple & Blackberry Crumble
- Apple Crumble
- Lemon Tart