

Nu Nosh Temple Fortune
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All Day Breakfast

Basic Breakfast - 6.75

Poached, scrambled or fried eggs.
Served with white or granary
sourdough toast. Gluten-free
toast available.

Shakshuka - 13.00

Poached eggs in a spicy tomato
sauce with onion, peppers, garlic,
parsley, cumin, olives and
mushrooms. Served with pita.

Open Omelette - 10.50 (+1.50 for egg whites) Choose 3 fillings:

Rotisserie chicken, cheddar, mozzarella, feta,
onion, spinach, bacon, tomato, olives,
courgette, aubergine, fresh
chilli, peppers and mushroom. Served with a
choice of white or granary sourdough toast.

Nu Nosh Avocado Toast - 8.75

Avocado mash, served on 2 slices
of granary toast with mixed seeds.

Oats - 8.50

With mixed berries, bananas, cinnamon and
honey.

Jacket Potato - 9.95

Choose 2 fillings:

Tuna Mayo, Sweetcorn, Cottage Cheese,
Aubergine, Courgette, Mushrooms, Grated
or Melted Cheddar, Mozzarella, Baked Beans,
Rotisserie Chicken. Served with a Side Salad.

Additional Fillings - 1.20 each.

Fruit Medley - 9.25

Low fat yoghurt, granola, mixed
berries, banana and honey.

French Toast - 9.95

Served with cinnamon sugar
and mixed berries or with plain
yoghurt, honey and banana
slices.

Slice of Banana Bread - 4.50

Served with grated cheese and
butter.

Toast - 3.50

Two slices of granary or white
sourdough toast with your
choice of peanut butter, jam,
marmalade or honey.

Extras

Rotisserie chicken - 4.50
80g Steak - 4.10
Eggs - 2.95
Boerewors - 3.20
Beans - 1.60
Tomatoes - 1.60
Mushrooms - 1.60
Spinach - 1.70
Asparagus - 1.95
Avocado - 1.70
Smoked Salmon - 4.50
Halloumi - 3.95
Feta - 2.50
Tuna - 4.25
Bacon - 3.00
Pork Sausages - 3.20

Any allergies please ask a member of staff

An optional service charge of 12.5% can be added to your bill

From The Rotisserie

Rotisserie Chicken

Succulent chickens brined over night, then seasoned with our secret recipe of herbs and spices.

1/4 Chicken - **7.50**
 1/2 Chicken - **10.50**
 Whole Chicken - **16.50**

Rotisserie Ribeye Steak

Juicy ribeye steaks, seasoned with our secret mix of spices.

180g - **12.50**
 250g - **15.50**

Rotisserie Cauliflower -

8.00 Delicious roasted cauliflower

Soup

Ask a team member for the Soup of the Day!
 Served with bread of your choice.

Spicy Mushroom Soup
 Butternut Soup
 Mixed Vegetable Soup
 Asparagus & Lentil Soup

- **8.50** -

Sides & Salads

(All salads served with homemade dressing)

Fries - **4.50**
 Onion Rings - **4.75**
 Sweet Potato Fries - **4.75**
 Chinese Cabbage Salad - **4.75**
 Israeli Salad - **4.75**
 Butternut & Couscous Salad - **5.25**
 Med Veg & Quinoa Salad - **5.25**

For the little Noshers

All dishes served with Fries, Salad and Apple Juice.

Homemade Fish Goujons
 Homemade Chicken Goujons
 Rotisserie Chicken Sandwich
 Rotisserie Steak Sandwich
 Kids Hot Dog

- **9.00** -



Nu Nosh Signature Sandwiches

Your choice of Baguette, White or Granary Sourdough, Wrap or Gluten-Free.

Rotisserie Chicken Sandwich - 13.50

Rotisserie chicken, served with lettuce, tomato, cucumber and mayonnaise.

Rotisserie Steak Sandwich - 14.50

Rotisserie ribeye steak, served with lettuce, tomato, pickled cucumber and mayonnaise.

Open Tuna Sandwich - 13.95

Tuna mayonnaise, cottage cheese, lettuce, avocado, sprouts, red onion, cucumber, peppers and carrots. Served on a slice of toasted granary sourdough bread with balsamic glaze.

Open Salmon Sandwich - 13.95

Smoked salmon, avocado, cottage cheese, lettuce, capers, cucumber, peppers, carrot, red onion and mixed sprouts. Served on a slice of toasted granary sourdough bread with balsamic glaze.

Tuna Club Sandwich - 13.50

Tuna, avocado, cheese, lettuce, tomato, mayonnaise and cucumber.

Chicken Escalope Sandwich - 13.50

Escalope, tomato, lettuce, avocado and sundried tomatoes, sweet chilli and mayonnaise.

Club Sandwich - 13.50

Bacon, avocado, chicken, lettuce, tomato, mayonnaise and cucumber.

Halloumi Sandwich - 12.00

Halloumi, hummus, tahini and Israeli salad.

Cheese and Grilled Tomato Sandwich - 7.25

All our Chicken is Kosher excluding our Rotisserie Chicken dishes.
Please request Kosher.

In A Pita

All served in Pita with Hummus, Tahini and Israeli Salad.

Rotisserie Chicken in Pita - 13.50

BBQ Chicken in Pita - 13.50

Rotisserie Ribeye in Pita - 13.50

Ra'anana - 13.00

Rotisserie Cauliflower in Pita - 11.50

Falafel in Pita - 11.50

Halloumi in Pita - 11.50

Flame Grilled Burgers

Add: Cheese - 1.50 Onion Rings - 4.75 Fries - 4.50
Sweet Potato Fries - 4.75 Extra Beef Patty - 4.95

Flame Grilled Beef Burger (Kosher) - 12.50

A twist on the Nu Nosh Classic, flame grilled on our rotisseries.

Served with lettuce, tomato, pickles, relish and mayo served on a brioche bun.

Veg Burger - 11.50

Our home-made veg burger with mayonnaise, lettuce, tomato, onion, pickled cucumber and relish.

Chicken Burger (Kosher) - 12.50

Marinated chicken breast served with mayonnaise, lettuce, tomato, onion, pickled cucumber and relish.

Boerewors Roll - 9.95

South African beef sausage served in a hot dog bun with tomato, pickled cucumber, and grilled onions.



Nu Nosh Signature Salads

Add: Chicken, BBQ Chicken, Rotisserie Chicken - 4.75 Tuna - 4.25
Halloumi - 3.95 Feta - 2.95

Chinese Chicken - 14.50

Grilled chicken breast, lettuce, carrots, tomato, cucumber and avocado, sprinkled with roasted almond flakes and topped with crispy Chinese rice noodles and our delicious homemade peanut dressing.

Chicken Salsa - 14.50

Grilled chicken salsa on a bed of lettuce, tomato, cucumber, avocado, parsley, fresh chilli and tabasco. Topped with sesame seeds and homemade salsa dressing.

Mediterranean Vegetable & Quinoa - 13.95

Grilled vegetables mixed with quinoa, artichoke, mozzarella, mushroom, avocado, butternut, cherry tomatoes, gem lettuce, sun-dried tomatoes and olives.
Served with our homemade dressing.

Asparagus & Feta - 13.95

Grilled asparagus, feta, iceberg lettuce, rocket, sun-dried tomatoes, aubergine, pomegranate and pumpkin seeds. Served with our homemade dressing.

Nicoise - 13.95

Tuna, mixed leaves, egg, olives, cherry tomatoes, onions, french beans, anchovies, asparagus, avocado, and cucumber. Served with our homemade dressing.

Roasted Butternut & Couscous Salad - 13.95

Roasted butternut, toasted peanuts, toasted sunflower seeds, feta, sweetcorn, olives, carrots, grilled red onion and basil oil. Served on a bed of couscous and rocket with our homemade dressing.

Halloumi - 13.95

Halloumi, lettuce, mixed leaves, cherry tomatoes, cucumber, red onion, peppers, carrots, sesame seeds and olives. Served with our homemade dressing.

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Nu Nosh Signature Salads

Chopped Israeli Salad - 12.95

Tomato, cucumber, peppers, onion, parsley, olives, mixed seeds and avocado, topped with a balsamic glaze. Served with our homemade dressing.

Cesar Salad - 12.95

Romaine lettuce, croutons, cherry tomatoes and parmesan shavings

Table Mountain Health Salad - 12.95

Lettuce, avocado, cucumber, carrots, cherry tomatoes and beansprouts served with peanut dressing .

Steak Salad - 14.50

Mixed leaves, cherry tomatoes, carrots, avocado, red onion, peppers and slices of steak served with a peri peri mayonnaise .

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Hot Drinks

Decaf Coffee Available.

Add: Extra Shot - 0.50	Soya, Almond, Oat, Coconut Milk - 0.35
Espresso (Single) - 2.50	
Espresso (Double) - 2.75	Matcha Green Latte - 3.50
Cortado - 2.95	Chai Latte - 3.50
Americano - 2.95	Flat White - 3.30
Cappuccino - 3.10	Mocha - 3.50
Latte - 3.10	Tea - 2.50
Hot Chocolate - 3.30	Herbal Tea 2.95

Freshly Squeezed Juices

- 4.25 -

Apple, Pineapple and Mint
 Carrot and Ginger
 Pink Grapefruit
 Orange
 Apple and Lime
 Apple, Pear and Ginger

Citrus Breeze
 Orange, Pink Grapefruit and Lime.
Green Juice of the Day
 Spinach, Cucumber, Apple and Lime.
Nu Nosh Lemonade
 Fresh cucumber, elderflower cordial,
 fresh mint, lime and soda.

Cold Drinks

Freezochino - 5.00
 Coke, Diet Coke, Sprite - 2.95
 Apple, Cranberry - 2.50 Still
 or Sparkling Water - 2.75
 Smoothies (Mix with Milk or Apple Juice) - 4.50
 Merry Berry, Strawberry Sunshine or Tropical.